

SAFETY BULLETIN

TO: All Employees
FROM: Dean Argenta - Field Safety Coordinator
DATE: August 17, 2015
REFERENCE: Heat & Humidity



HEAT INDEX

Team, I wanted to provide this Safety Bulletin as a basic guide to beat the heat.

1 HEAT

Stay hydrated and take frequent breaks to cool down

- > Drink water every 15 minutes, even if you are not thirsty.
- > Rest in the shade to cool down
- > Keep an eye on fellow workers.

2 Remember these three simple words:

1. WATER
2. REST
3. SHADE

*** If you feel someone is having difficulty breathing or dizziness don't hesitate to call (911).**

Please contact me at 570-903-2893 or Dargenta@scenv.com with any questions or comments.

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